



# ASTHMA & COPD STUDY DAY

## **Course information:**

This study day will enable you to recognise asthma and COPD symptoms appropriately.

### **The following topics will be covered:-**

The definition of asthma, prevalence and impact on lives, diagnosis, British Thoracic Society/Scottish Intercollegiate Guidelines Network - Guidelines on the management of asthma, concordance and compliance and treatment of an acute asthma attack.

To provide an overview of COPD. It will outline the condition, its complexities and basic management and how to treat an acute exacerbation.

This course is supported by learning materials and delivered by expert practising clinicians.

## **Learning Outcomes:**

- What is Asthma?
- Peak Flow Measurement
- Inhaler Devices
- The Severe Attack
- Monitoring the Patient
- Disease Management
- What is COPD – The disease process?
- How is COPD diagnosed – Spirometry?
- How is COPD assessed?
- Classification of the Disease (Mild, Moderate, Severe)
- Management and Treatment (Community and Hospital)
- Oxygen Therapy
- Pulmonary Rehabilitation

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