



PAEDIATRIC ASTHMA Education for Health

Course information:

Asthma is a very common disease of childhood and currently affects 1:11 children and its prevalence is increasing. Asthma symptoms can disrupt the lives of children and often causes them to limit activity and lose time from school.

This workshop will give an overview of asthma and help identify poor control and when to refer on. There will be emphasis on recognition and management of acute symptoms and the management of asthma in schools and early years' settings. This course will also give an insight into our more advanced diploma and degree level programmes.

Target Groups:

This one day workshop has been designed as an introduction to paediatric asthma and is suitable for all healthcare professionals working with children who suffer from asthma, such as health visitors, school nurses and new practice nurses.

This workshop covers:**Overview of asthma**

- Epidemiology
- Patterns of the wheeze in early childhood
- Signs, symptoms and triggers
- One airway approach, and impact of allergy

Diagnosis

- History taking

Assessing and managing the acute episode**Treatment**

- BTS/SIGN guidelines
- Inhaler devices
- Management in schools
- Summary and evaluation

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