



DIABETES DIPLOMA (level 5) Module Education for Health

Course information:

This module is designed for all qualified and non-qualified healthcare workers who wish to develop their knowledge and skills in caring for people with pre-diabetes and diabetes.

In recent years there has been a dramatic increase in the incidence of diabetes (1). The long term complications of Type 2 diabetes are responsible for significant morbidity and mortality (2) with nearly half of people with type 2 diabetes dying from cardiovascular disease (CVD) (3).

- (1) <http://www.carolinashealthcare.org>
- (2) <http://www.clinical.diabetetsjournals.org>
- (3) <http://www.diabetets.org.uk>

Learning Outcomes:

- Understand the pathophysiology of diabetes and CV disease
- Discuss the key issues in history taking and clinical assessment
- Recognise the impact of a diagnosis on the individual and their families
- Implement and modify care following assessment
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Outline content:

- Epidemiology and pathophysiology of metabolic syndrome and diabetes
- Difference between Type 1 and Type 2 diabetes
- Assessment and Diagnosis of pre diabetes and diabetes including CVD risk
- Complications of Diabetes and metabolic syndrome
- How to reduce the risk of complications using both pharmacological and on-pharmacological strategies.
- Care planning with supported self management skills

This module will take 6 months to complete and is delivered by interactive online material supported by 4 study days. Assessment 2,000 Word Assignment & 2000 word case study.

Contact details:

Rotherham Respiratory
BreathingSpace
Badsley Moor Lane
Rotherham
South Yorkshire
S65 2QL
[email:enquiries@rotherhamrespiratory.com](mailto:enquiries@rotherhamrespiratory.com)
www.rotherhamrespiratory.com

Tel: 01709 369113
Fax: 01709 421747