



Interstitial Lung Disease (ILD) Foundation Course

Course information:

Interstitial lung diseases are a group of more than 150 conditions which include sarcoidosis, asbestosis, extrinsic allergic alveolitis and idiopathic pulmonary fibrosis. The conditions are characterised by scarring and lung fibrosis, resulting in relentless debilitating breathlessness. Diagnosis is often challenging and the prognosis for most of these conditions remains poor.

This workshop is aimed at any health professional working with patients who have a diagnosis of ILD, who wish to improve their knowledge and skills and improve their management of patients with a diagnosis of ILD.

Learning Outcomes:

- To improve knowledge of the five main groups of ILD
- Awareness of how ILD is diagnosed
- The role of the ILD MDT
- Treatment options
- Best supportive care

Outline content:

- What is Interstitial Lung Disease and overview of the five main groups of ILD.
- Could it be ILD? Signs and symptoms, how might a patient present
- Making the diagnosis and the role of the MDT
 - HRCT Chest
 - Pulmonary function tests
 - Blood tests
- Are there any treatment options?
 - Perfenidone/Nintedanib
 - Steroids/immunosuppression
 - Transplant
 - Pulmonary rehabilitation
- Best supportive care:
 - Managing Hypoxia
 - Breathlessness
 - Cough
 - End of life discussions and end of life planning
 - Palliative care
- Support groups

Contact details:

Rotherham Respiratory
BreathingSpace
Badsley Moor Lane
Rotherham
South Yorkshire
S65 2QL

email:enquiries@rotherhamrespiratory.com
www.rotherhamrespiratory.com

Tel: 01709 369113
Fax: 01709 421747