



DIABETES UPDATE

Course Information

This course is designed for Health Care Professionals who require an update or “refresher” to further develop their current knowledge, skills and confidence when working with patients with diabetes.

Learning Outcomes:

By the end of the study day you should feel more competent because you will have participated in learning activities to refresh your knowledge on: -

- The pathophysiology of diabetes, diagnostic criteria and monitoring diabetes control.
- Potential for preventing diabetes, reversing progression and diabetes remission through lifestyle change.
- The pharmacological management of diabetes using a stepwise approach looking at newer treatments including injectable therapy.
- The management and prevention of potential long-term effects of poorly controlled diabetes, including nephropathy and CKD, retinopathy, and neuropathy.
- The links between diabetes and cardio-vascular disease and the importance of CVD risk prevention.
- Managing diabetes emergencies.
- Supporting lifestyle behaviour change using a person-centred approach to improve adherence and avoid diabetes “burn-out”

Outline of Content

- An interactive style of teaching is used facilitate learning rather than lecturing, so be prepared to participate in discussion and some practical sessions.
- This is your chance to ask as many questions as you have, to get answers in a non-judgemental, safe environment.
- Some case studies will be used to share and apply your knowledge and learning to further enhance your skills in managing the important aspects of diabetes care.

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