



ROTHERHAM Respiratory

NEWSLETTER

WELCOME TO OUR FIRST NEWSLETTER

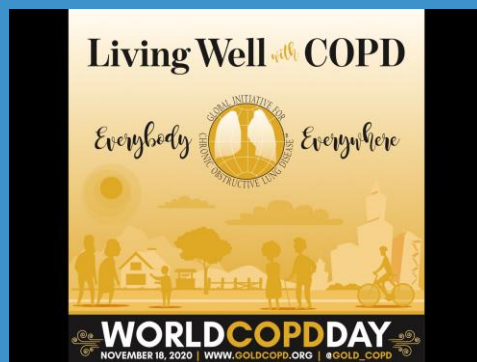
Rotherham Respiratory has been providing education to health care professionals for over 20 years. Through our face to face courses and our evening forum meetings we have helped thousands of health care professionals increase their knowledge in a range of disease areas. This newsletter will keep you informed of what's new in Respiratory, CVD, Diabetes and other disease areas.

In response to the events of 2020, we now offer many of our courses online, with more in development. These new courses are unique and have been designed to an educational model, mapped to competencies and guidelines.

We have accreditation/ endorsements for some of our courses with [RCN](#) and [NPRANG](#).

[Click here](#) to view our courses.

[World COPD day 18th
November 2020](#)



This year's theme from the Global initiative for Chronic Obstructive Lung Disease highlights the need for equity in improving quality of life for all those with COPD.

Access to appropriate training for health care professionals is the key to supporting patients and their families to live well with COPD.

Check out the new online COPD courses to improve your skills, knowledge and confidence in this area. Our COPD foundation course delivers 15 hours of RCN accredited learning, follow at your own pace with regular formative knowledge checks as you learn.

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COURSES COMING SOON:

- [Asthma Update](#)
- [Non- Medical Prescribing Update](#)
- [Diabetes Foundation](#)
- [Reflective Practice](#)
- [Heart Failure Update](#)

Topic of the month: What does the Delivering a "Net Zero" national health service (NHS 2020) mean for respiratory care?

Published on 1st October 2020 this report sets out the NHS commitment to reducing its carbon footprint. 25% NHS carbon emissions come from medicines and 3% of this figure is related to inhalers.

Specific recommendations include:

- Increasing the use of DPIs
- Programme for return of inhaler devices to pharmacies for recycling
- Long term plan to reformulate some pMDIs with low carbon propellant

But remember that poor asthma control leads to overuse of SABA, increased urgent care use and hospital admissions all of which have a significant impact on the environment. Use of pMDI and spacer optimises treatment of asthma in many patients, leading to better asthma control and remains the best option for managing asthma in younger children.

As always, personalised care and shared decision making are advocated when supporting patients with respiratory disease to manage their condition.

Access the report [here](#).

Interested in finding out more? Join us on our [Asthma](#) or [COPD](#) update where we examine the issues and what they could mean for patients.

A word on Spirometry from our course tutor [Chris Loveridge](#)...

With so much confusion in health care around spirometry and its safety you would be forgiven for just adding names to a waiting list. We do however need to address this, whilst we watch and wait for national guidance. In the meantime, we could use our time to maintain, revise or update our skills?

I have been proud and privileged to be working with Rotherham Respiratory in creating a suite of spirometry courses to enable us all to move forward and provide good quality testing for our patients when the time is right. We have:

- [Simply Spirometry - Performing](#)
- [Simply Spirometry - Performing and Interpreting](#)
- [Spirometry Update](#)
- [Spirometry - Clinical Interpretation](#)

My years of experience in primary care enabled me to utilise case studies that reflect actual practice as noted by one of our recent students:

"Thank you for a super little course. I was glad to see that the cases discussed were not straight forward; as they reflect on what we see in practice."

The educational format enables learners to revisit the narrated Power Point as many times as they like, and the guided learning activities encourage underpinning knowledge. The knowledge checks and final assessment give clear constructive feedback on progress. Students have commented that this is especially useful to them.