



Newsletter

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SPOTLIGHT ON: Rhian Last

This has been an exciting time for Rotherham Respiratory's course tutor, Rhian Last.

In August Rhian was awarded the Fellowship of Postgraduate Medicine (FPM) Medical Writing in Social Media Award for Europe, for an article she wrote on Health Equity, published in Practice Nurse Journal. Shortlisted applicants had to give a brief presentation about their entry at an on-line ceremony on 23rd August before the winners were announced. Rhian said, 'I was so pleased to win this prestigious award, not just for myself but very much because health equity is such an important topic. It was also good to be flying the flag for the nursing profession, as I was the only nurse shortlisted.'

You can access and read Rhian's article [here](#):

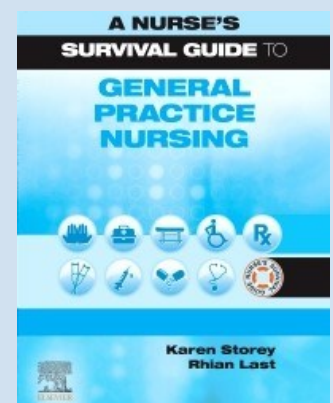
You can find out more information about the FPM International Awards for Medical Writing in Social Media [here](#):

September saw the publication of a new book: A Nurses' Survival Guide to General Practice Nursing, published by Elsevier as part of the Survival Guide series. The book was the idea and inspi-

ration of Karen Storey, in her role as Primary Care Nurse Lead for NHSE/I. She asked Rhian to assist her with co-editing the book, planning the design and development of the content. Rhian has a long experience of working as a GPN and is a former editor in chief of the Journal of General Practice Nursing so she was very pleased to take up this opportunity.

The book is a valuable resource for student nurses experiencing general practice for the first time, newly qualified nurses and nurses new to general practice. For experienced GPNs there are fundamental chapters covering leadership, quality improvement, developments in primary care and essential clinical knowledge that highlight the changes in clinical care in recent years. There is something in this book for everyone!

The book is a collaboration amongst nurses and other health care professionals grounded in general practice and primary care, all of them experts in their field. Chapter authors include Beverley Bostock, another of our course tutors here at Rotherham Respiratory. Contributors have given freely of their time and all proceeds and royalties from sales of



the book will be donated to the Cavell Nurses' Trust, a really excellent charity which supports nurses who find themselves in financial hardship. You can find out more about the wonderful work they do [here](#):

The book has been published by Elsevier and is available to purchase [here](#):

It is also available on all major book store websites.

Rhian says, 'It has been my privilege to work with Karen and all our valued chapter contributors. It was a very proud moment to hold a copy in my hand and know that we have brought together everything that is general practice nursing today.'

Rotherham Respiratory Ltd

Century Business Centre
Manvers Way
Rotherham
S63 5DA

Phone: 01709 300111

Email:
enquiries@rotherhamrespiratory.com
Website:
www.rotherhamrespiratory.com





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ARTP UPDATE

Restarting Spirometry..

The resumption of spirometry has created some interesting opportunities and discussions. At RR we believe that quality assured diagnostic spirometry should be underpinned with education and training that is both pragmatic and evidence based.

Our education lead for Spirometry - Chris Loveridge has been leading on a project where the resumption of primary care spirometry has been the topic of much discussion and this has influenced our education and training making it current and relevant.

Chris has worked for many years with the ARTP and acknowledges that any training and education should prepare learners to undertake ARTP assessment - but also be confident and competent to undertake spirometry in their place of work.

The [spirometry performing and interpreting](#) and [performing only](#) prepares learners to either undertake quality assured diagnostic spirometry or perform and numerically interpret it. The [clinical interpretation](#) differentiates between numerical interpretation - moderate obstruction - versus what this means clinically could this be poorly controlled asthma or COPD?

Viv March - A Queen's Nurse

Our asthma course tutor Viv Marsh, has recently been awarded the Queen's Nurse title by the Queen's Nursing Institute. Queen's Nurses are those recognised for their commitment to learning, leadership and excellence in patient care.

Viv explains what the award means to her "To me a Queen's Nurse is someone who values and demonstrates the core principles of nursing at all times; someone who shows commitment to the highest possible standards of nursing care and someone who has the courage to advocate for their patients and the standards of their care. I have nursed patients with asthma in all healthcare settings for many years and I believe that leadership and education for health professionals is essential to prevent avoidable asthma deaths and enable people with asthma to live well with their condition. Alongside my clinical and research work, my nursing journey has taken me to education, where I have the opportunity to influence standards of care by designing, developing and delivering courses that will support nurses and other healthcare professionals to provide patients with the best possible care. Being a Queen's Nurse enhances my ability to be a voice for nursing and influence others because the award signifies commitment to the nursing profession and to improving standards of care for patients. I couldn't be more delighted or proud to join the network of brilliant Queen's Nurses; I am really looking forward to meeting and learning from as many of them as possible as I know my own professional development will benefit from their experience and support."

The [spirometry update](#) was created to instil some confidence in those who feel 'rusty' and want to be reassured that they have not forgotten 'how to'. It also updates on the new ARTP guidelines (ARTP 2020) and considers a paediatric case study. [Feedback](#) has shown this has enabled learners to feel confident to restart.

Coming soon is our [Advancing Spirometry](#) course (45 hours) is an extension of the four courses we have in place and is equivalent to diploma/degree level learning with an evidence based approach to 'all things spirometry' and our unique individual learning record enables reflection and recording of learning towards CPD. The ARTP assessment and the documentation required for submission is integral to the learning process and all learners will have a clear understanding of where they are and what the 'next steps' will be.

In the New Year we will also be creating a learning package which has the ARTP assessment integral to the learning.

Milestone Moment



2370 students have enrolled
on our online courses since
they went live 12 months ago!

Over **18,000** students have
enrolled since 2007!