

MONTHLY NEWSLETTER



OCTOBER | 2025

WHAT'S NEW THIS OCTOBER?

From National Cholesterol Month to a busy time at Best Practice Birmingham, a free clinical web seminar, and national healthcare awareness days, October has been a full month for our team and community. Here's everything we've been up to at [Rotherham Respiratory](#).

NATIONAL CHOLESTEROL MONTH

October marked [National Cholesterol Month](#), a chance to raise awareness of cardiovascular health and encourage people to take steps to reduce their risk. We shared practical tools for healthcare professionals supporting patients to understand and manage their cholesterol levels.



WE ATTENDED BEST PRACTICE BIRMINGHAM 2025

Earlier this month our team spent two days at the [Best Practice Birmingham & Respiratory Professional Care Conference](#). With over 4,000 attendees, it was a fantastic opportunity to meet clinicians from across the UK, share our work, and discuss clinical education in respiratory care.

We also ran a prize draw at our stand - Congratulations to Laura, who won a free online CPD course of her choice. Thank you to everyone who visited us and entered.



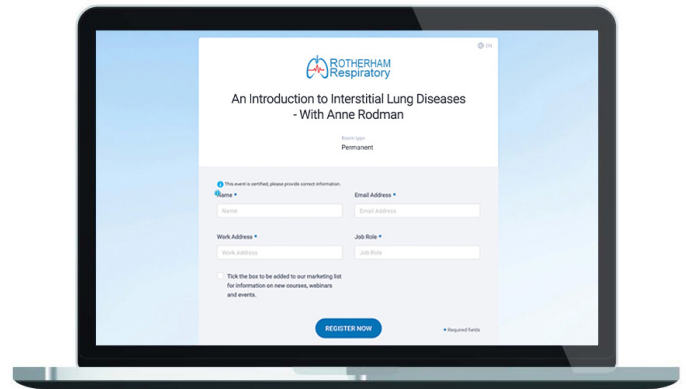
FREE WEB SEMINAR – INTERSTITIAL LUNG DISEASES

This month we hosted a free web seminar: [An Introduction to Interstitial Lung Diseases with Anne Rodman](#). The session explored diagnosis, clinical indicators, patient reviews and referral pathways.

If you missed it, you can now [watch the recording online here](#).

Our next live web seminar – [Spotlight on Bronchiectasis with Samantha Prigmore](#) – will take place on 17th November and is now open for booking on our website.

**REGISTER FOR OUR NEXT LIVE
WEB SEMINAR HERE**



A MONTH OF RECOGNITION IN HEALTHCARE

We were proud to use our platform this month to acknowledge and appreciate the people who keep healthcare moving:

- ✓ National Doctor's Day – celebrating the [dedication and expertise of doctors](#) across the country.
- ✓ World Mental Health Day – [highlighting wellbeing in healthcare](#) and the importance of looking after ourselves as well as our patients.
- ✓ AHP Day – recognising [Allied Health Professionals](#) and their vital role in multidisciplinary care.



CPD LEARNING FOR HEALTHCARE PROFESSIONALS

Our [CPD-accredited online courses](#) are open all year, so you can learn at a pace that suits you. Each one is built around real clinical practice, helping healthcare professionals strengthen knowledge and confidence in everyday patient care.

EXPLORE OUR COURSES HERE

WINTER WELLNESS – LOOKING AFTER LUNG HEALTH

As temperatures drop, colder weather can often trigger breathing difficulties, especially for people living with long-term respiratory conditions. We [shared guidance this month on staying warm](#), using inhalers correctly during winter, and maintaining self-management plans to prevent seasonal flare-ups.



CELEBRATING PAT'S RETIREMENT

This month we also shared a special moment as we celebrated Pat's retirement. Pat has been a hugely valued member of our team and her warmth, professionalism, and commitment have made a lasting impact on colleagues and learners alike. She will be greatly missed, but we wish her every happiness in this next chapter.

Thank you for everything, Pat.



STAY CONNECTED!

We appreciate you being part of the Rotherham Respiratory community. If you're planning your next CPD steps and would like advice on course options, our team is available to help.

✉ enquiries@rotherhamrespiratory.com

🌐 rotherhamrespiratory.com

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