

# MONTHLY NEWSLETTER



FEBRUARY | 2026

## WHAT'S NEW THIS FEBRUARY?

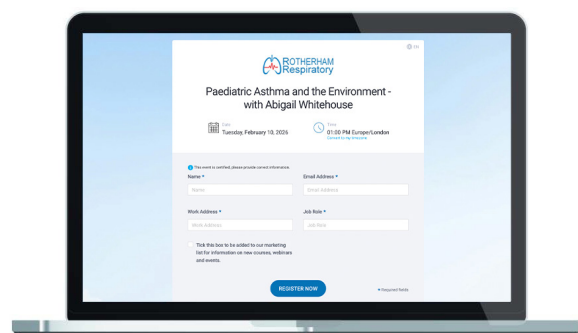
February has been a month close to our hearts. From Heart Month awareness to major course news, a team spotlight and an exciting upcoming opportunity, here's everything you may have missed this month at Rotherham Respiratory:

### HEART MONTH

Every February, the [British Heart Foundation leads Heart Month](#), raising awareness of heart and circulatory diseases. The campaign encourages simple but powerful actions, from cholesterol checks and regular exercise to healthier eating and learning CPR, all to support better heart-healthy living.

Find out more and sign up to our heart courses through our course portfolio.

[VIEW OUR COURSE PORTFOLIO](#)



[WATCH THE WEB SEMINAR](#)

### WEB SEMINAR RECAP: PAEDIATRIC ASTHMA & THE ENVIRONMENT

Earlier this month we hosted our free web seminar with Abigail Whitehouse: Paediatric Asthma and the Environment. The session explored how environmental factors impact paediatric asthma and provided practical ways for healthcare professionals to approach these conversations with patients and families.

Missed it? The recording is available to watch on demand via our [ClickMeeting page for a limited time](#), so you can catch up at a time that suits you.

## RECOGNISED WORLD CANCER DAY – UNITED BY UNIQUE 🧡

On World Cancer Day, we [joined the global community to raise awareness of cancer](#), supporting prevention, early detection and treatment, while recognising that every person's experience is unique. Behind every diagnosis is an individual, a family and a story, and this year's theme reminded us of the importance of understanding.

UNITED IN  
OUR MESSAGE  
UNIQUE IN  
OUR STORIES



World  
Cancer Day  
4 February

UNITED  
BY  
UNIQUE

## EXCITING NEWS: ARNS ENDORSEMENT 🤝

Our [Severe Asthma Foundation Course](#) now has ARNS (Association of Respiratory Nurses) Endorsement.

This endorsement is a mark of quality that gives healthcare professionals confidence they are completing training recognised within the respiratory nursing community.



### MEET THE TEAM: STEPH HOBSON

Not sure which course is right for you? **Steph is here to help.** As part of our team, she works closely with prospective students who may be unsure where to start, taking time to understand your experience, role, and learning goals.

With over 18 years of respiratory care experience and currently working in primary care as a specialist nurse practitioner, Steph helps guide you toward the course that best fits your needs, so you can feel confident you're choosing the right path for you.



### COMING SOON: EDUCATIONAL FUND

The [Educational Fund](#) is coming back soon. We'll soon be opening applications for a funded place on one of our courses, giving healthcare professionals the opportunity to develop their skills and progress their careers without the financial barrier. Keep an eye out for more details and how to apply in March.

## CATCH UP ON JANUARY

January saw us kick off 2026 with fresh energy, course updates, and exciting opportunities for everyone in our learning community. Read all about it [in our January 2026 newsletter](#).



## STAY CONNECTED!

We're just getting started for 2026. For updates, course launches, or to get in touch:

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Follow us:



Wishing you a bright and inspiring start to the year!

**The Rotherham Respiratory Team**